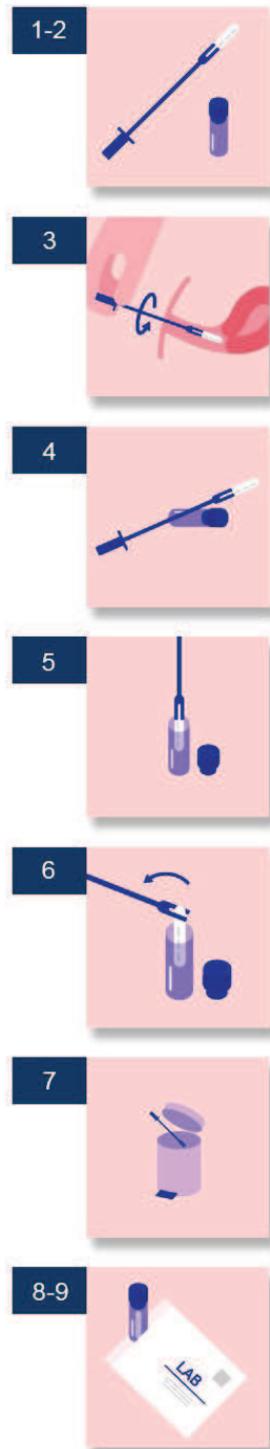


Instructions for Use of Qvintip Self-sampling Device

Many women like you have decided to carry out a Human papillomavirus (HPV) test by means of a modern, efficient and regularly repeated screening method in order to decrease the chance of the formation of cervical cancer. This device helps those who feel discomfort about or do not have time for visiting their doctors to undergo screening, but at the same time would like to test whether the pathogen responsible for the formation of cervical cancer and other diseases is present in their bodies with the use of a method that is not less reliable* if correct sampling is provided.

Qvintip[®] User guide



Self-sampling step by step

Please check before use if the product arrived in an undamaged packaging, with all components (blue and white self-sampling stick, sample storing tube with bar code and cap, instructions for use and request form, blank self-adhesive label, response envelope). Only use the self-sampling stick according to the instructions. Keep the stick straight as you let it slide inside and outside your vagina. You may collect the sample in a lying or standing position. Do not collect samples when you are in your menstrual period. Before sampling do not use any other strange material, chemical, tool or vaginal douche. You can collect samples in the first three month of pregnancy as well.

1. Write your name and phone number on the blank, self-adhesive label then stick it onto the sample storing tube (DO NOT cover the bar code label on the tube.)
2. Remove the self-sampling stick by holding the blue grip.
3. Let the stick slide into your vagina until it stops (around 10 cm),
 - a. fully rotate self-sampling stick twice,
 - b. remove self-sampling stick by keeping it straight.
4. Place self-sampling stick onto sample storing tube so that its white end is directed into the air. Let it dry for at least 3 minutes. Prevent the white end from contacting anything.
5. Insert the white stick end into the sample storing tube.
6. Bend the stick so that its white part can fall into the sample storing tube.
7. Put the cap onto the sample storing tube and discard the blue stick part.
8. Complete the test request form (see completion instructions on the back), and sign it.
9. Put the sample storing tube and the test request form into the response envelope, close it and send it by post to our address ("registered" letter is recommended), or submit it in one of our sampling station (see the list of our blood testing stations on the back).

General information

Your sample will be processed in compliance with the health laws. Your personal data will be handled with the personality rights observed, according to the data protection regulations.

Negative result

If your result is negative, the test has not detected HPV. However, this does not mean that you cannot be infected later. HPV is a sexually transmitted virus so you can get it already during the first contact with a new partner if you do not use any protection.

Positive result

If your result is positive, you are infected with HPV. If the detected virus belongs to a high risk group, please visit and consult your gynaecologist for further action. In any other case you can inform your doctor about the result when the next screening is due. Those women who carry the same virus type for a long time (for years) are more likely to have a cytological malformation and subsequent cervical cancer. An early diagnosis of the infection allows intervention and efficient treatment in time.

* Arbyn, M., et al., Accuracy of human papillomavirus testing on self-collected versus clinician-collected samples: a meta-analysis. *Lancet Oncol*, 2014, 15(2): p. 172-83.

Jentschke, M., et al., Comparative evaluation of two vaginal self-sampling devices for the detection of human papillomavirus infections. *J Clin Virol*, 2015.

Further important information

Qvintip is a single use sampling device.

Use the self-sampling stick with care and only according to the instructions.

Do not bend or remove the white stick end before self-sampling.

For the correct result, please send the sample for evaluation as soon as possible.

See expiry date and serial number on packaging.

Laboratory test request form for self-sampling HPV test

PATIENT DATA

Name:	
Birth name:	
SSN:	<input type="text"/>
Birth date:	<input type="text"/>
Postal address¹:	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
Telephone:	

TO BE COMPLETED BY THE LABORATORY

Station to transfer the device:	
Invoice serial number:	
Station to accept the device:	

SAMPLE STORING DEVICE IDENTIFIER (BAR CODE)

¹ Note that your findings will be posted to the address provided here as a basic fee letter, which does not ensure the full protection of special (health) data.

PATIENT'S SIGNATURE

	ORDER SELF-SAMPLING HPV TEST	
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